

Course Objectives Advanced Security Training (AST)

Prerequisite: 19yrs +, English Fluency Canadian Language Benchmark Level 5

Duration: 24 hours use of force and handcuffing certification

Instructor: Certified AST Instructor (Accredited by Justice Institute of British Columbia)

Completion: 100% attendance, 75% min. passing grade on online exam Accredited Completion (Certification) in Basic Security Training

Accredited by: The Justice Institute of BC #0113

Re-Certification: Every 3 years. **Delivery:** Classroom

Exam: \$62 Exams at JIBC in New West with a Laptop

Licensing: BST certification is mandatory for security worker licensing in BC. Submit Fingerprints \$85. Licensing 1-year \$120, 2-year \$180 and 3-year \$240.

Module 1 Introduction to the Course	State the course goal and objectives. List the course requirements.
Module 2 Security Services Act and Regulation	By the end of this segment, you will be able to Explain key provisions of the Security Services Act, the Security Services Regulations, and related policy.
Module 3 Advanced Force Response Options Theory	 By the end of this segment, you will be able to Identify key Criminal Code provisions regarding SP legal authorities and apply them to situations that might arise while on duty. Explain the purpose of the National Use of Force Framework. Describe the continuous assessment process. Explain the importance of assessing a situation in its totality, considering all of the relevant circumstances. Describe the five basic subject behaviours. Describe the five basic force response options.
Module 4 Introduction to Control Tactics	 Explain the rationale for physical control and the appropriate use of physical control tactics. Demonstrate a safe interview stance. Demonstrate relative positioning. Demonstrate deflecting and re-directing techniques. Demonstrate how to move off the line of attack. Demonstrate release techniques. Demonstrate disengagement techniques. Demonstrate the two-handed escort position. Explain the force response options context for the use of joint locks. Demonstrate joint locks and controlled takedowns to a position of control. Demonstrate three cranial pain sensitive areas (PSAs) to a position

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Module 5 Application of Restraints	 of control. Demonstrate an upper-body pain sensitive area (PSA) to a position of control. Explain the force response options context for the use of impact/distraction techniques. Demonstrate impact/distraction techniques. Apply tactical communication skills and strategies. By the end of this segment, you will be able to Explain the legal justification for handcuffing. Explain the practical rationale for handcuffing. Name the parts of a pair of handcuffs. List the steps that can be taken to reduce the potential for liability as a result of handcuff use. Identify the three types of subjects whom SPs may handcuff. Demonstrate speed handcuffing of a cooperative subject. Demonstrate the safe removal of handcuffs Demonstrate a handcuff lock takedown of a cooperative subject who begins to resist during the handcuffing process. Demonstrate handcuffing of a resistant subject in standing position. Demonstrate handcuffing of a resistant subject in a prone position. Explain guidelines on searching a subject. Explain guidelines on follow-up control of a restrained subject. Apply physical control tactics as required in a given scenario. Apply restraints to a subject as required in a given scenario. Apply tactical communication skills and strategies.
Module 6 Team Control Tactics	 By the end of this segment, you will be able to Demonstrate team control tactics in a variety of situations. Demonstrate team control handcuffing of a subject in standing position. Apply tactical communication skills and strategies.
Module 7 Excited Delirium Syndrome and Positional Asphyxia	 Define the term "excited delirium syndrome". Identify the groups who are most susceptible to this state. Describe the characteristics of persons who may be in a state of excited delirium. List the five points of a struggle that may lead to sudden death. List strategies for safely resolving a situation in which the subject may be in a state of excited delirium, and for mitigating the risk of positional asphyxia.

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Module 8	By the end of this segment, you will be able to
Reporting and documentation	 Define the term "excited delirium syndrome". Identify the groups who are most susceptible to this state. Describe the characteristics of persons who may be in a state of excited delirium. List the five points of a struggle that may lead to sudden death. List strategies for safely resolving a situation in which the subject may be in a state of excited delirium, and for mitigating the risk of
	positional asphyxia.

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